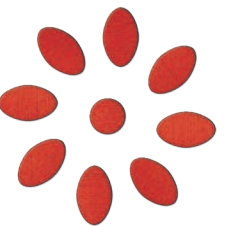




Well-being is a priority for us. Leave everyday life far behind and put yourself in our skilled hands – we will pamper you with all the best things! Each of our carefully selected treatments is individually tailored to your requirements. And to make your pamper time complete, we only use high-quality, organically certified natural products. Experience pure moments of happiness, lasting recuperation and deep-seated well-being with the power of nature.

We are happy to advise you during your personal time out and are already looking forward to meeting you!

*Best wishes from
Mary-Ann Kühn,
Spa Managerin*





» CHIEMGAU PUR «

Surrounded by extensive moorland, not far from the breath-taking Chiemsee and with views of the Alps, a liberating expanse awaits, inviting you to breathe deeply, arrive and relax. At DAS ACHENTAL SPA, we draw on the powers of nature and incorporate them into our treatments. Here we create mo-

ments of bliss and pamper you with regional herbs and oils as well as moorland earth, which is also known as "black gold" due to its healing properties.

CHIEMGAU EXPERIENCE - FULL BODY MASSAGE

A journey through the Chiemgau. Experience a moorland hike, climb the Kampenwand and pause for a moment in the forest while reflecting on your experiences in the Chiemgau.

50 mins EUR 95

CHIEMGAU ENJOY - ALPINE HERBAL BATH

Intensively stimulating herbal bath with moisturising goat's butter and high-quality oils. Your natural skin health will be restored.

25 mins EUR 45

CHIEMGAU FEEL - MOORLAND PACK

Soothes tension, relieves pain and also strengthens the immune system. Moorland earth is a true all-rounder and has a wonderfully relaxing and nurturing effect..

25 mins EUR 45

CHIEMGAU SENSE - PEEL

Gentle peel made of healing mud, rejuvenating regional herbs and nourishing oils. Stimulates the circulation and provides your skin with valuable minerals.

25 mins EUR 45

CHIEMGAU SCENT - HERBAL STAMP MASSAGE

Effective full body massage with herbs rich in active ingredients. Cell renewal is stimulated, muscles relaxed, and the metabolism stimulated..

50 mins EUR 95

ACHENTAL SPA TIP:

Combine the applications with each other. For example, enjoy the "Chiemgau Experience Massage" followed by a mud pack.

» SOOTHING CLASSICS «

MY ACHENTAL TIME OUT

»Individual time out «

Individual treatment tailored to your needs and wishes, whether muscle-relaxing or pain-relieving - the main thing is that it is soothing..

50 mins EUR 95 | 80 mins EUR 145

RELAXING AROMATHERAPY OIL MASSAGE

»Tactile pleasure «

Has a calming and relaxing effect on the body, mind and soul. Selected organic aromatic oils and gentle massage techniques have a tactile and holistic effect.

50 mins EUR 95 | 80 mins EUR 145

HEAD, NECK AND SHOULDER MASSAGE

»Meaningful clarity «

Special massage motions release tension and powerful organic plant extracts clear your mind. An unforgettable moment with a liberating effect..

50 mins EUR 95

FOOT AND LEG MASSAGE

» Grounding energy work «

Energy blockages and tensions can be released through targeted touch and your self-healing powers are strengthened.

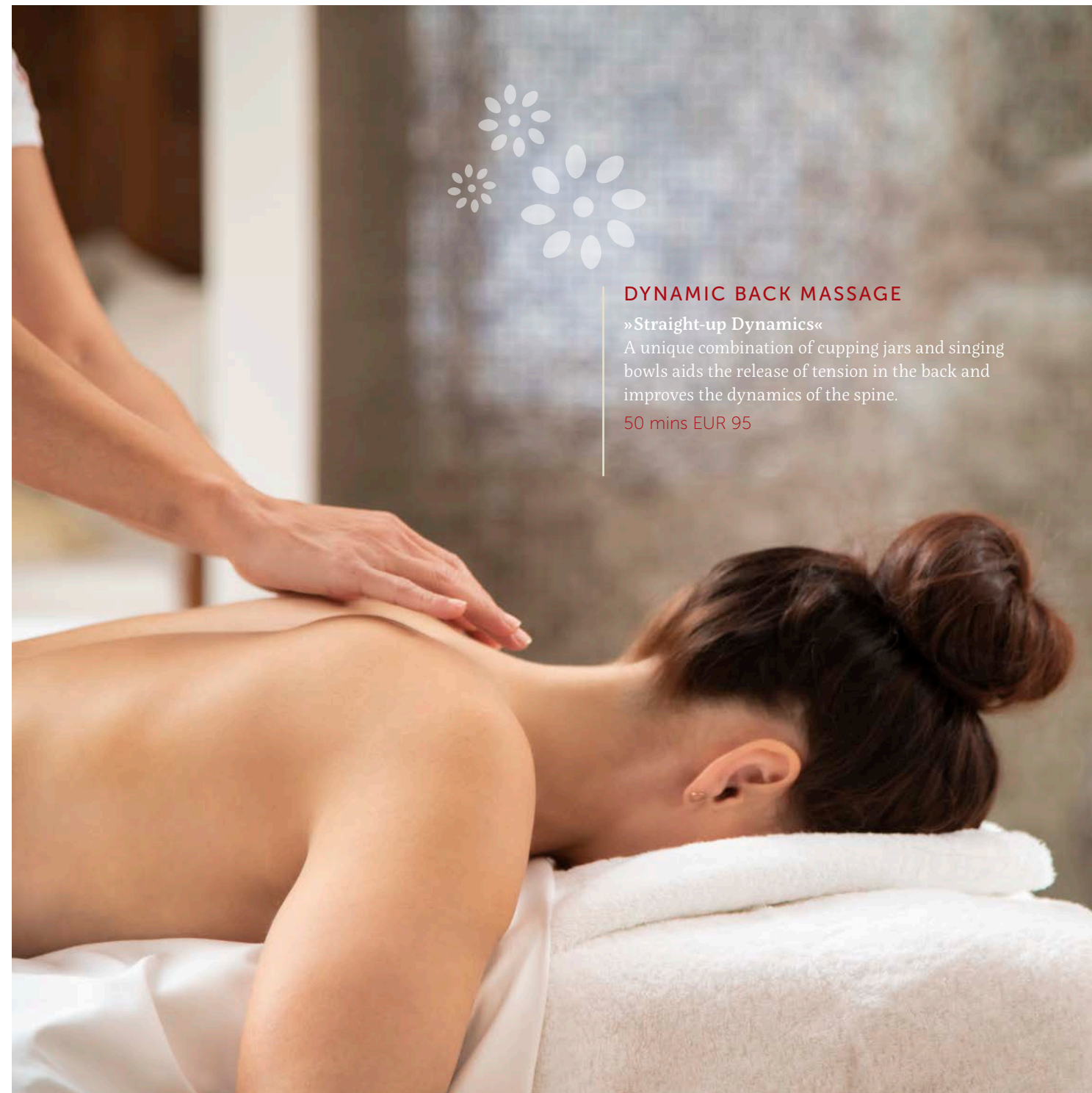
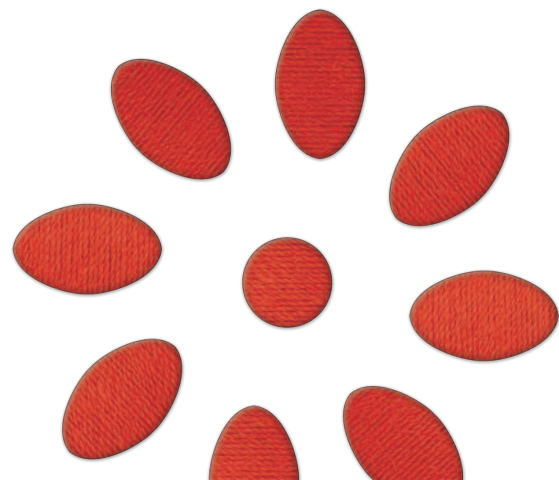
25 mins EUR 55

SWISS STONE PINE MASSAGE

»Soothing nature«

Gentle massage motions combined with warm, soothing Swiss stone pine woods let you forget everyday life and relax your muscles at a deep level.

50 mins EUR 95



DYNAMIC BACK MASSAGE

»Straight-up Dynamics«

A unique combination of cupping jars and singing bowls aids the release of tension in the back and improves the dynamics of the spine.

50 mins EUR 95



Ayurveda

» THE KNOWLEDGE OF LIFE «

At DAS ACHENTAL SPA, we operate in accordance with the knowledge of teaching (ayur) of life (veda). We bring our body, mind and soul back into balance with our Ayurveda treatments. Warm sesame oil regenerates your body from within while seemingly endless gentle massage motions treat you to some moments of deep relaxation and make you feel like yourself again.

ABHYANGA - FULL BODY MASSAGE

Experience balance, tranquillity and harmony in harmony with the body, mind and soul. Blockages are gently released..

80 mins EUR 145

PADABHYANGA - FOOT AND LEG MASSAGE

Soothing and relaxing massage of the feet and legs to relieve inner restlessness and release muscle tension.

45 mins EUR 85

MUKABHYANGA - FACE AND HEAD MASSAGE

Harmonising and relaxing face and head massage to relieve internal tension. Allows your natural beauty to shine anew..

45 mins EUR 85





PAMPERING TIME OUT



For an all-round care package, we recommend booking our Soothing Classics in combination with the Pampering Time-Out for maximum relaxation and recuperation. Choose your composition.

LAVENDER BATHING CEREMONY

Has a calming and balancing effect on the body, mind and sou..

25 mins EUR 45

BATHING CEREMONY SWISS PINE

Relaxing and sleep-inducing - a real treat for your body.

25 mins EUR 45



SALT-HERB LAVENDER PEEL

Ground lavender blossom and sea salt have a calming effect and refine the complexion of the skin.

25 mins EUR 45

SALT-HERB LEMON BALM PEEL

Ground lemon balm leaves and sea salt have a harmonising and skin refining effect.

25 mins EUR 45



Facial Treatments

» THE BEST OF BOTH WORLDS «

High-tech and nature - Based on your skin's needs and scientific findings, the TEAM DR JOSEPH manual treatment method starts at the tissue level.

Its aim is to care for and maintain a holistic feeling for your

skin, your skin's health, and your skin's unique beauty. Experience the individual beauty care based on the TEAM DR JOSEPH method for yourself.

INTENSE PURIFYING FACE TREATMENT

Deep cleansing facial treatment with lymph stimulating facial massage and peel-off mask for a cleansed complexion.

50 mins EUR 95

CELLULAR RECREATION FACE TREATMENT

Active ingredients combined with herbal stamps provide an immediate effect and, at the same time, healthy and intensively cared for skin.

80 mins EUR 145

ADVANCED BIO LIFTING FACE TREATMENT

Holistic, comprehensive package with biodynamic lifting massage for a lasting impact, immediate visibility and maximum effect.

110 mins EUR 180

ULTRASONIC FACIAL LIFT

Natural active ingredients are infused with the help of ultrasound frequencies for visibly smoother and firmer skin.

50 mins EUR 105

SUPREME ULTRASONIC FACIAL LIFT

Visibly firmer skin - top-notch ultrasound face lift. Your skin looks plumper, fresher and more youthful.

80 mins EUR 155

EXPRESS EYE LIFT

An effective skincare treatment focusing on the eye area. For a visibly firmer and more alert eye area and more defined contours.

25 mins EUR 60

ACHENTAL SPA TIP:

we recommend for particularly beautiful moments

Dye eyelashes **EUR 19**

Dye eyebrows **EUR 19**



» LUCKY CHILD «

CHOCOLATE PEEL

Gentle and nourishing full body peel with the power of the cocoa bean for a velvety-soft skin feeling.

15 mins EUR 30

CHOCOLATE MASSAGE

A delicate scent of chocolate and gentle massage motions make for perfect relaxation.

25 mins EUR 55

MOISTURISING CURD-HONEY MASK

Moisturising, cooling and healing, with a delicious surprise.

15 mins EUR 30

YOUR MOMENT OF HAPPINESS

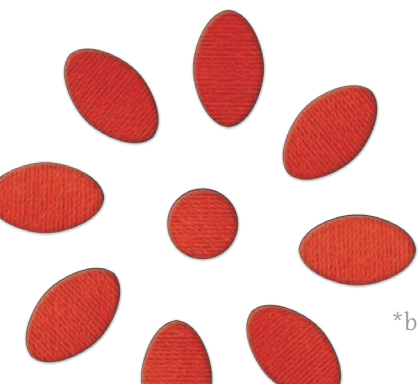
Colourful fingernails and toenails, a little gold and glitter and hair like Rapunzel.

50 mins EUR 95

CLEANSING FACIAL TREATMENT FOR TEENS

Cleansing and clarifying facial treatment individually tailored to the sensitive skin of teenagers.

45 mins EUR 85



*between 4 and 16 years





Mum-to-be*

» MOTHERLY HAPPINESS «

PREGNANCY MASSAGE

Massage tailored to the needs of the expectant mum, in line with her wishes and the advanced stage of pregnancy.

50 mins EUR 95

LEG MASSAGE

Soothing and leg massage that reduces any swelling and makes you feel like you are floating on air. Savour this liberating feeling.

25 mins EUR 55

"RADIANCE" FACIAL TREATMENT

Your skin is enduring a lot right now and deserves a little time out. We make your skin as radiant as you are.

50 mins EUR 95



*from the 3rd month



» MEN'S BUSINESS «

EXPRESS POWER LIFTING FOR MAN

Natural high-tech power ensures a clean and refined complexion. For a powerful and well-groomed complexion.

50 mins EUR 95

SPORTS MASSAGE

Activation and mobilisation of the muscles to release deep-seated tensions. Your body gains new vitality.

50 mins EUR 95

MANICURE FOR MEN

Your fingernails are a representation of you so show your hands off at their best because they are at their most attractive when manicured..

45 mins EUR 55

PEDICURE FOR MEN

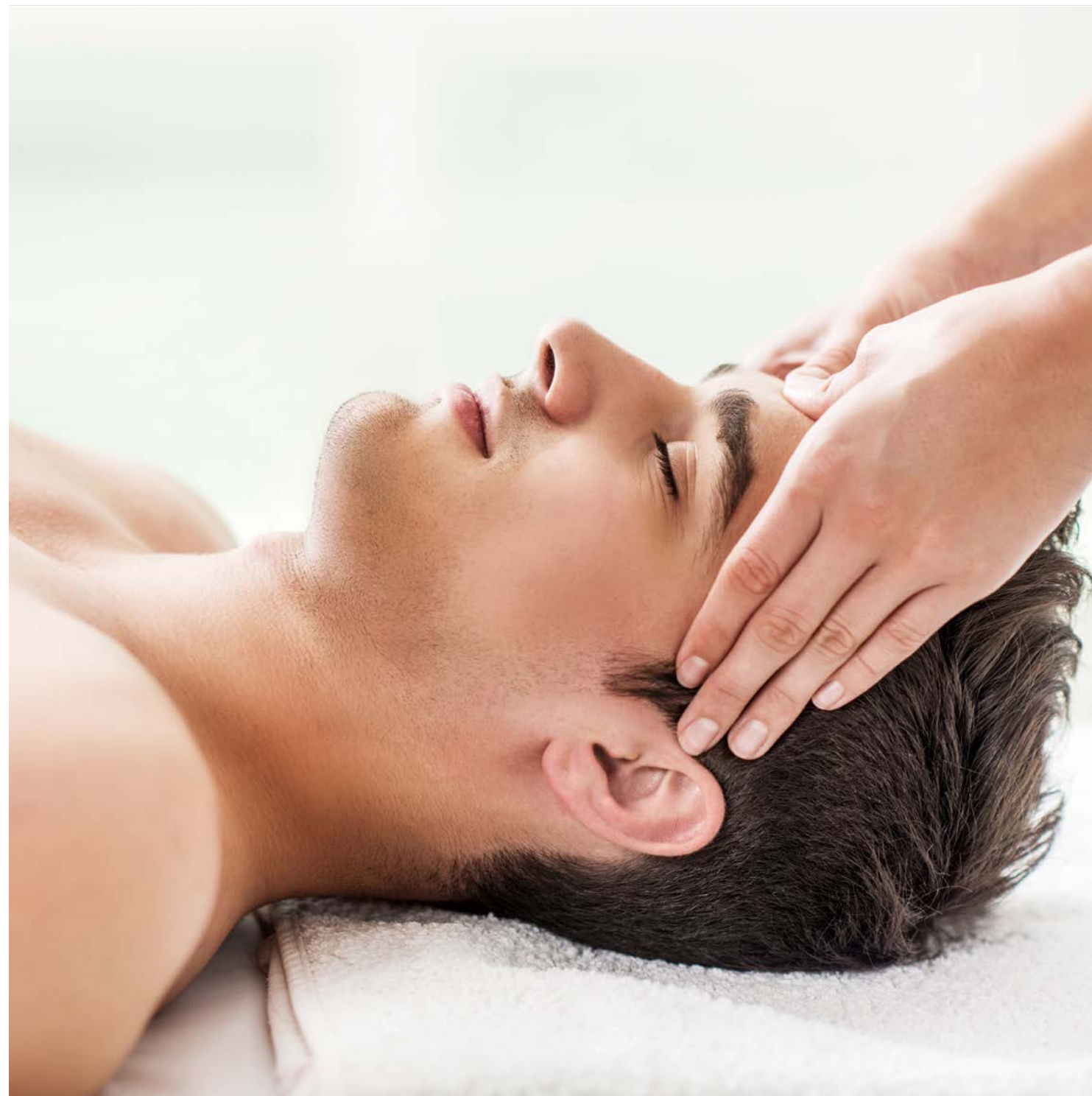
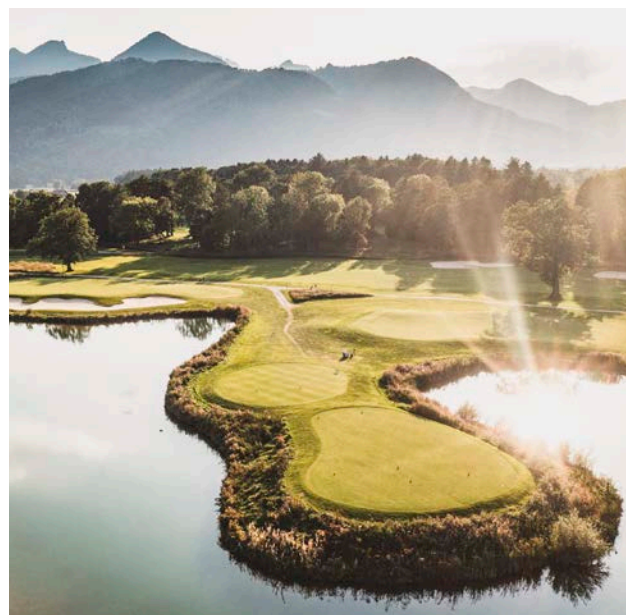
Stressed feet deserve a little time out. Nail care and soothing foot massage included .

45 mins EUR 55



ACHENTAL SPA TIP:

Book your start time for sporty moments on our golf course or in the trackman simulation.





» SET THE SCENE «

MANICURE

Your hands are your calling card. A pampering ritual consisting of a hand bath, hand peel, hand massage, nail care and the desired finish.

Manicure with nail oil 45 mins | EUR 55

Manicure with nail polish from O.P.I 60 mins | EUR 75

Including nail polish for your home spa

Manicure with Gel Color by O.P.I 75 mins | EUR 89

GEL COLOR BY O.P.I

Perfectly manicured hands and feet in an instant! Beautiful and, above all, healthy nails for 3 weeks with no chipping. Gel Color or Shellac is a composition based on gel and nail varnish. O.P.I Gel Color is applied like a normal nail varnish and dries within 30 seconds using LED UV light.

It can be removed again in just 15 minutes without damaging the nails.

PEDICURE

A true care ritual for your feet consisting of a foot bath and foot peel, a soothing massage, nail care and the desired finish.

Pedicure with nail oil 45min | EUR 55

Pedicure with nail polish from O.P.I 60 mins | EUR 75

Including nail polish for your home spa

Pedicure with Gel Color O.P.I 75 mins | EUR 89

REMOVE O.P.I GEL COLOR

EUR 20

ACHENTAL SPA TIPP:

*Do something good for your skin and spoil your face using nail care with a moisturizing TEAM DR. JOSEPH Cellulose cloth mask. **EUR 19***



YOUR PAMPERING TIME

We recommend you book your personal spa time-out before you arrive, so you can make a fixed reservation for a time you prefer.

This can be done online from the comfort of your home at: das-achental.com or you can make a direct booking by sending an e-mail to: spa@das-achental.com Or telephone **+49 8641 401 760**.

TAKE TIME FOR YOURSELF

To get in the right mindset for your pampering time we recommend that you arrive in our treatment area a short time before your treatment is due to begin.

IF SOMETHING HAPPENS IN THE MEAN-TIME

Should you want to cancel your appointment, this can be done free of charge up to 24 hours beforehand. Please note that cancellations which are effected less than 24 hours before the treatment time is due to start will be charged at the full amount (100%).

YOUR HEALTH IS IMPORTANT TO US

Before each treatment we take the time to enquire about any physical disorders or complaints you may have. If you are pregnant or suffer from allergies, please let us know.

WHAT SHOULD I WEAR?

Opt for comfort and wear a bathing robe and slippers to your treatment. During a massage treatment we ensure your privacy and maintain this by using special coverage techniques. We provide a single-use cover for you.

TIME TO ENJOY A SPLASH

Please wear swim-wear when using the indoor and outdoor pools. In consideration of guests who prefer to relax, we would ask you to refrain from engaging in loud conversations and telephone calls. Since your health is very important to us, we would ask that you refrain from jumping off the edge of the pool and running in the pool area.

WARMTH FOR THE SOUL

For health and hygiene reasons, we prefer you to use our sauna area unclothed.

PLEASE SHOWER BEFORE

swimming or enjoying a sauna session.

FOR SPORTS ENTHUSIASTS

We would ask that you use the fitness area wearing appropriate sports attire and that your sports shoes are clean..

CHILDREN WELCOME

Our little guests are very welcome to enjoy our pool area. The sauna and sport areas are for those aged 16 and over. We would ask that parents are mindful of this.

SAFETY FIRST

We recommend safely storing valuables in your hotel room safe or in a locker.

RELAXATION FOR A DAY

Our spa area is also accessible to our external guests, upon advance registration and depending on availability. The latest Day Spa offers and price overviews can be seen on our website **www.das-achental.com**



SPA RECEPTION

09 am to 06 pm
spa@das-achental.com
Phone: +49 8641 401 760

TREATMENT AREA

09 am to 07 pm

POOL AREAS

07 am to 09 pm

SAUNA AREA

11 am to 09 pm
1 pm to 09 pm (Opening hours during the summer)
(from the age of 16)

FITNESS AREA

07 am to 10 pm
(from the age of 16)
Personal training on request



ACHENTAL SPA TIP:

Our activity programme changes weekly and can be found on our website, or you can ask us for more information..

Chiemgau Pur.

eleveneyes.de-7645-08-2022



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